

April 2, 2019

His Excellency, Governor Christopher T. Sununu and the Honorable Council State House Concord, New Hampshire 03301

REQUESTED ACTION

Authorize the New Hampshire Council on Developmental Disabilities to enter into a **RETROACTIVE** agreement/MOU sponsorship with the University of New Hampshire, Institute on Disability, in the amount of \$10,500.00, to provide an intensive leadership training program for people with disabilities and their families, from September 2018 thru June 30, 2019, upon Governor and Council Approval. 100% Federal

/ 01-97-97-970010-71350000 – De	velopmental Disabilities Council
	Fiscal Year 2019
Class 072-500575 Grants Federal	\$10,500.00

EXPLANATION

This request is being made retroactively due to delays in finalizing the MOU/agreement, as well as competing priorities for both organizations and necessary procedural clarifications, which further delayed the development of the MOU. However, steps have been taken to ensure that any future MOUs between the two organizations will be made, and submitted in a timely manner for Governor & Council approval.

This request is to support the University of New Hampshire, Institute on Disability (IOD) to run intensive training sessions for parents of children with disabilities and adults with disabilities. These trainings will assist them in developing their knowledge and skills to improve the quality of life for themselves and/or their family members and to work with providers, families, state agencies, and communities to improve the effectiveness of developmental services and supports for all. These trainings will take place at various locations in the State of New Hampshire.

The program consists of hands-on training sessions and extensive homework assignments. Statewide and national organizations assist the IOD in providing training and resources on a wide range of topics' such as goal setting and person-centered planning and best practices in education, employment, community living and integration, improving policy, and transition planning. Workshop participants are provided with financial assistance for the cost of overnights and meals required for their participation. The Council has collaboratively supported this training from the beginning. The result is that over 900 parents and people with disabilities have successfully completed the training and become more effective in improving their lives and the lives of other NH citizens with disabilities. The IOD, NH Leadership Series agrees to submit a detailed post-event reporting form to the council.

The geographic area served by this project is statewide. The source of funds is 100 % federal funds. In the event that federal funds become no longer available, general funds will not be used to support this contract.

Respectfully submitted,

Isadora Rodriguez-Legendre Executive Director

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NH LEADERSHIP SERIES

Memorandum of Understanding

between the NH DDC and the NH Leadership Series

March 15th, 2019

The NH Developmental Disabilities Council (NH DDC) agrees to support the NH Leadership Series in the amount of \$10,500 to assist with expenses that would enable four individuals or family members of individuals with labels of intellectual disabilities to attend the 2019 NH, Leadership Series. Additionally, the NH Leadership Series commits to the following:

- The NH DDC will be represented throughout the series by providing presentations about the mission, vision, and activities of the Council and ways for Leadership participants to get involved in Council activities.
- Leadership Action groups will collaborate with DDC policy priorities in order to enhance supports and services for individuals with disabilities and their families.
- Leadership will recruit participants to apply to serve as Governor appointed members of the NH DDC.
- Leadership will explore screening Intelligent Lives in collaboration with the NH DDC.
- The NH Leadership Series will embed the NH DDC five year plan priorities into the Series curriculum.
- NH Leadership will respond to requests as appropriate to support the efforts of the <u>NH</u>. DDC.
- NH Leadership agrees to submit a detailed post-event reporting form to the DDC.

Mary Schuh PhD, Director of Development and Consumer Affairs, IOD, UNH

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Jadora Rodriguez Legendre, Executive Director

NEW HAMPSHIRE LEADERSHIP SERIES INSTITUTE ON DISABILITY AT THE UNIVERSITY OF NEW HAMPSHIRE 56 OLD SUNCOOK RD., SUITE 2 · CONCORD, NH 03301 T: (800) 238-2048 · F: (603) 228-3270 · RELAY: 711 WWW.NHLEADERSHIP.ORG · CONTACT@NHLEADERSHIP.ORG

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Course Syllabus

University of New Hampshire September, 2018-April, 2019

Course Instructor: Ann Dillon, M.Ed., OTR/L

E-mail: ann.dillon@unh.edu Office hours by appointment

Phone #: 603-228-2084

Address: IOD/UNH 56 Old Suncook Road, #2

Concord, NH 03301

Course Description:

This course covers a broad range of material related to disability, access to high quality supports and services, the legislative process, and community organizing in a seminar style framework. The course is organized into eight sessions and meets one weekend per month for 7 sessions/modules, as well as one full-day sessions. All required and supplemental course materials are available in an Ebinder which can be accessed by students from any computer. The course is organized by the instructor, IOD staff, group leaders and guest speakers and incorporates many speakers who have disabilities, family members of people who have disabilities, and experts who work in the field of disabilities. An Adaptive Leadership model is used throughout the course.

Gramme (najpracipi), 1975

Be prepared (have read and thought about materials, on time completion of written assignments)

Actively and effectively participate in discussions and group work

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e. _ Complete assigned readings and field work

Complete rubrics

Course n Participate in all sessions

Complete Final Project – Action Group

Complete all Mapping Assignments

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Sessions: Each Session/Module will cover a prescribed set of learning objectives and activities that build upon one another for the duration of the course. Course content will be presented via readings, films, topical discussions, formal presentations, and fieldwork activities. The following are the topics and objectives within each Session/Module. Guest speakers are chosen based on qualifications/reputation in field of disabilities, ability to convey and teach information that addresses different learning styles, and often times because they have a disability or are the family member of a person who has a disability.

Module	Objectives	Assignment	Outcomes
Meet and Greet September	 Become familiar with the course objectives and the Ebinder format. Become familiar with the Ground Rules and expectations of the Series. Connect with others in your class. 	None	 Will use knowledge to access materials for course preparation Will form connections and begin networking with other Students
Session 1 History September	 Develop a sense of community within this year's Leadership Students. Introduce the concept of disability as a difference, not deficiency. Identify and address the fundamental, 	Complete readings prior to session. Complete Fieldwork following session	 Will network during and after session with home group members and others. Will begin to use knowledge to challenge assumptions of disability in their lives. They will create maps of their own history.
o a seo digaren do No - Gilo Into Inf Informatissistich (In O No grannich (Info No grannich (Info	 ingrained values that led to institutionalization. Learn about the history of the treatment of persons with disabilities in NH. Define LEADERSHIP vs advocacy 		 Will be able to define leadership. Will begin to understand the difference between leadership and advocacy.
Séssion 21 Ster Creating a Vision	 Continue to develop a sense of community within this year's Leadership Students. Challenge assumptions about possibilities for people with disabilities. Begin to formulate a personal vision based on new understanding. 	Complete readings prior to session. Complete Fieldwork following session	 Students will begin to formulate a tvision for themselves. 1 Will identify important relationships im their lives and create a Relationships Map. They will choose an Action Group topic and build relationships with their new group.
Sention 3 Session 3 Community	Develop an understanding of "personal power" and its relationship to civic	Complete readings prior to session.	Students will user their knowledge: of community organizing and s building
Organizing	responsibility.	Complete	relationships by engaging in 1:1 meetings.
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	November	Understand the significance of determining	Fieldwork	1 1	Students will be able to define their own self- interests	•
		 self-interest. Develop the ability to participate in and 	following session		They will create a skills map and a preferences	
		initiate 1:1 interviews.		•	map.	N.
		Learn the power of community organizing.				
			· · ·			
	Session 4:	Understand the NH Legislative Process	Come to class	•	Students will use knowledge of legislative	
· · ·	Action Oriented	 Understand how to cut an issue from a large 	prepared to work		process when contacting legislators	.*
		field of options.	on Action Group		Students will use knowledge of cutting an issue	
•	December	 Work in your action group to create a plan for 	Project	1	to sharpen the focus of their action group work.	,
	,	your group project assignment (action group)				
		and make substantial progress on "		'	μ.	6
Y		implementing, Discover connections for future		1 1		н !
` 1		volunteer/work opportunities as you		·		
		formulate your vision.				
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	Session 5	Develop an understanding of the value of	Complete readings	•	Students will identify land use fundamental	
		inclusive education and special education	prior to session.		values identified in this session to relate to	•
	Education	 Understand "the least dangerous 	Complete		creating at the good of life. I for	
		assumption" and its applications.	Fieldwork	· .	children/adults/themselves.	
i.	January	Learn how to develop/use meaningful	Fieldwork following session	•	They will use their acquired knowledge of best	
i.	January	Learn how to develop/use meaningful Instructional supports		•	They will use their acquired knowledge of best practices and self as a leader to create a vision	
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٠, Session 7 Understand the political process at the **Complete readings** Students will use their knowledge of issues and prior to session. Legislative skill in the legislative process to formulate and federal, state, and local levels. execute a strategy for advocating for a piece of Complete Process Learn how and why you need to be involved. Fieldwork current legislation with state legislators. Learn how to develop a public relationship following session Students will feel more confidence in relating March with your legislator. to people in powerful state roles. Engage in an informed discussion with state legistators. Students will use their accumulated knowledge Be prepared to Session 8 Participate in a group presentation based on research of state and national issues. present you final and skills in working with school, community, project with your and state groups to create action group Expect the highest achievements from Action Groups, Action Group. presentation and final goals. evervone. Gala and Prepare Students will provide relevant feedback to the Graduation Share your goals. Graduation Leadership team regarding improvements they Practice Networking skills with alumni after recommend for the NHLS. your formal introduction Speech. Students will create and strengthen Celebrate your accomplishments!! relationships with alumnae and guests. Students will gain more confidence in relating to alumnae, guests and people in positions of - 175 f Influence and power, statests of the multimeter er sietere Her folgernaling grader 1255 Stormwith styles, donters 11 ماد به مرجو (Ash کان از واری سو اهم ۲۰ د Constraint duty Survey Course Requirements, Grading Rubrics and Assignments

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 A passing grade means that the student has maintained a rating of Competent or Sophisticated in all of the Rubrics: anulated know adja
 An incomplete may be assigned if the student has not completed the work. An incomplete may be assigned if the student has not completed the work.
 Action A falling grade would be assigned if the student has more than one rating in the Novice area AND is not going to make up incomplete for the student has more than one rating in the Novice area AND is not going to make up incomplete for the student has more than one rating in the Novice area AND is not going to make up incomplete for the student has more than one rating in the Novice area AND is not going to make up incomplete for the student has more than one rating in the Novice area AND is not going to make up incomplete for the student has more than one rating in the Novice area AND is not going to make up incomplete for the student has not complete for the st

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Readings are categorized as Required or Optional. NOTE: Older readings are relevant as they represent a vital historical perspectivency Fride MLLS ٠. · · · · n.. · .

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	NH Leadership Series	Rubric 1: Grading fo	r Home Group Participation	· · · · · ·
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To be completed twice by Home Group Leader: once in December, once in March

	Sophisticated	Competent	Novice	Incomplete
Frequency and Quality	 Attends class regularly and always participates Always does assignments and fieldwork Contributes to discussion by raising thoughtful questions, listening well to others, builds on other's ideas, uses examples from readings and assignments, effectively communicates and modulates emotions, challenges assumptions and perspectives 	Attends regularly and sometimes contributes in the aforementioned ways	Poor attendance and/or rarely contributes to the discussion in the aforementioned ways	Does not complete assignment

Rubric 2: Self-Reflection for Class Participation

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To be completed twice by the Student: Once in December, once in March

	Sophisticated		Competent	Novice	Incomplete
Frequency and Quality Int. Cut. ty	•	Attends class regularly, is on time, and <i>always</i> participates Always does assignments and fieldwork Contributes to discussion by raising thoughtful questions, listening well to others, builds on other's ideas, uses examples from readings and assignments, effectively communicates and modulates emotions, challenges assumptions and perspectives	Attends regularly, might sometimes be tardy, and/or <i>sometimes</i> <i>contributes</i> in the aforementioned ways.	 Attends irregularly, or often tardy Rarely contributes to the discussion in the unit in aforementioned ways. 	i,Does not complete ;assignment: ១ ភូមិ ១ ១ រូបាណទាា;

		Rubric 3: Grading for	Person-centered Pla	nning	3	
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To be completed in January or February each year by the Home Group Leader and NHLS staff.

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	Sophisticated	Competent	Novice	Incomplete
Quality and Depth	 Always completes maps and shows excellent understanding of purpose. Excellent quality of work and effort Contributes to group discussions and offers support/suggestions to others in group 	 Completes most maps Good quality of work and effort Offers some support and suggestions to others 	 Minimal thought and effort in creating maps, poor quality Minimal support to others 	Does not complete assignment

Rubric 4: Grading for Final Presentation

To be completed in March or April each year by the Home Group Leader and NHLS staff.

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	Sophisticated	Competent	Novice	Incomplete
Team Building-	 Team worked through conflicts, treated each other respectfully, elicited ideas form all members, ensured all members had a meaningful role 	Somewhat contributed In the aforementioned ways	 Group had difficulty working well as a team t 	Does not complete assignment Complete Complete
Quality of Work	Evidence of concerted effort to create a high quality action or product	Evidence of good quality product and effort	Minimal quality of work	
Educational Content of work	Content was rich with information and very easy to understand for wide audience	 Some useful information, easy to understand 	 Minimal information and/or not easy to ~ understand 	
Lasting contribution to, t. rompieur families/com munity /organizations	The group's work will have a lasting impact on others and their efforts have made a substantial and lasting change or contribution beyond the leadership class itself	The group's work will likely have some lasting impact on others	The group's work will likely not have a lasting impact on others	

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LEADERSHIP SERIES N

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Agendas for the Class of 2019

NEW HAMPSHIRE LEADERSHIP SERIES

INSTITUTE ON DISABILITY AT THE UNIVERSITY OF NEW HAMPSHIRE 56 OLD SUNCOOK RD., SUITE 2 CONCORD, NH 03301 T: (800) 238-2048 · F: (603) 228-3270 · RELAY: 711 · · WWW.NHLEADERSHIP.ORG CONTACT@NHLEADERSHIP.ORG



WELCOME to LEADERSHIP!

Meet and Greet AGENDA

Thursday, September 6, 2018

SERIES

2:30 Get binder, name tag, check/edit your listing in

the directory

2:45 Welcome- Staff introductions

• Introductions all around

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2.30

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o Give your name, town, 1 Fun Fact about

you

3:45 Léadership 101 – An introduction!
3:30 Park Bench–What brought you to Leadership?
4:00 Stretch break

2.20

	3.30		
	9:Q0	• •	and the second
	4:15		vill I be doing as a leader as a hip training in one year?
,	4:45	Big Circle - Time for a	
	5:15	Enjoy the Pizza and ne	etworking, individual
	$\mathcal{A}_{\mathcal{M}}$	questions	
·	4:15 5:30	Adjourn	inter d'sadores a Trois de year?
	ø r		<i>,</i> .
	4:45 3 1.		s as tions
	5:15		
	4-17		
	A.C.F. 5:30	See you next week on	Friday, September 14!
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NH Leadership Series

Learning from the Past

"The road to hell is paved with good intentions."

September 14-15, 2018 / Chapel, Main Building, 105 Pleasant St. Concord NH

Objectives Develop a sense of community within this year's Leadership participants. 1. "CERNER-DA" Introduce the concept of disability as a difference, not deficiency. 2. Identify and address the fundamental, ingrained values that led to institutionalizationership Series 3. 4. Learn about the history of the treatment and education of persons with disabilities in NH. a ang Irom the Post Leader FRIDAY Item Leadership Team Registration 11:45-12:10 12:15 Welcome! Deb and Ann **Expectations for Leaders** 1. Develop v --'it' 2.際にお)殺したとう introduce s. ... ₃12:40-1:<u>30</u> Alicia Venteristic Centeri Intros and Hopes, Fears, Gifts 41.30-1.454 Sandy Hunt, BDS Deputy Director atta Maureen. ٧. 1:45-2:45----- Freda Smith, parent Kathy FELLANC. BREAK (distribute envelopes – DO NOT OPEN!) Leadership Team 2:45-3:15 Leudershin Team 11-45-12:10 Take tour or Break – Alternate 2 groups Leadership Team 1:00-3:15 **ACTIVITY:** The Wind Blows For.... Nancy Activity: Get timeline assignment 9**3:30 -3:45** 12:30 3.3 Home Group (HG) Reveal, followed by HG Meeting Deb and Ann 3:45 tiel origi Person Centered Planning INTRO 4:45 Ann 1. Com Her hy **Discussion: Pulling Ideas Together** •• n na c le derchip 2:43-3,15 U.C. MISHIN 11 Quick break, then Dinner Nancy 5:30-6:15 ∿ ธุ≈ว่ ธาร์ไช่⊅ี่ 2 ล.ก. จ Adjourn to Hotel/Home 6:30 1.2. ... -3:30-3:45. ... 12년 - 북한읍 E.

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	AGENDA-DAY 2
	NH Leadership Series
NH LEADERSHIP SERIES	Learning from the Past
12.11	"The road to hell is paved with good intentions."

8:30 amRoberta Gallant, self-advocate9:00 amValued Roles9:30-10:30Panel: Dennis Powers, CEO (former Group Leader) Cynthia Mahar, Director - Community Crossroads10:30-11:00BREAK11:00Norma MacKinley-Smith, NAMI11:30ACTIVITY: Small groups Discussion - questions12:00Lunch100ACTIVITY: Crossing the River Exercise and Debrief1:45ACTIVITY: Do the Timeline1:45ACTIVITY: Do the Timeline2:15-3:15Home Group3:20Credo for Support3:30Wrap up- Final Thoughts, Q and A4:00 pmAdjournment14Adjournment	Leader
9:30-10:30 Panel: Dennis Powers, CEO (former Group Leader) Cynthia Mahar, Director - Community Crossroads 10:30-11:00 BREAK 11:00 Norma MacKinley-Smith, NAMI 11:30 ACTIVITY: Small groups Discussion - questions 12:00 Lunch 100 ACTIVITY: Crossing the River Exercise and Debrief 1:45 ACTIVITY: Do the Timeline 1:45 Home Group 3:20 Credo for Support 3:30 Wrap up- Final Thoughts, Q and A 4:00 pm Adjournment	Maureen 🕌
9:30-10:30 Panel: Dennis Powers, CEO (former Group Leader) Cynthia Mahar, Director - Community Crossroads 10:30-11:00 BREAK 11:00 Norma MacKinley-Smith, NAMI 11:30 ACTIVITY: Small groups Discussion - questions 12:00 Lunch 1:00 ACTIVITY: Small groups Discussion - questions 12:00 Lunch 1:00 ACTIVITY: Crossing the River Exercise and Debrief 1:45 ACTIVITY: Do the Timeline 2:15-3:15 Home Group 3:20, Credo for Support 3:30, Wrap up- Final Thoughts, Q and A 4:00 pm Adjournment 1:45 Have a great month – we will see you on October 19-20 in Concol	H Lea ^{Deb} iship Serie
11:00 Norma MacKinley-Smith, NAMI 11:30 ACTIVITY: Small groups Discussion - questions 12:00 Lunch 100 ACTIVITY: Crossing the River Exercise and Debrief 1:45 ACTIVITY: Do the Timeline 1:45 Home Group 3:20 Credo for Support 3:30 Wrap up- Final Thoughts, Q and A 4:00 pm Adjournment 1:45 Have a great month – we will see you on October 19-20 in Concol	
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ACTIVITY: Crossing the River Exercise and Debrief ACTIVITY: Do the Timeline Home Group Credo for Support Credo for Support Wrap up- Final Thoughts, Q and A Adjournment Adjournment Have a great month – we will see you on October 19-20 in Concol	Deb
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4:00 pm Adjournment 147 2:15-3:15 Have a great month – we will see you on October 19-20 in Concol	Nancy
1005 2:15-3:15 Have a great month – we will see you on October 19-20 in Concol	Deb and Alicia
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Have a great month – we will see you on October 19-20 in Conco	
Have a great month – we will see you on October 19-20 in Conco	<u></u> 44
	rd at Kimball Jenkins.
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NH Leadership Series

. Creating a Vision

October 19-20, 2018 / Pre-session at 10:30/Registration at 11:45 Kimball Jenkins Estate 266 North Main St., Concord NH Objectives 1. Continue to develop a sense of community within this year's Leadership participants and explore what Leadership means. 22- Challenge assumptions about possibilities for people with disabilities in community, special education, etc. 3. Begin to formulate a personal vision based on new understanding. eatur e ERIDAY ltem Leader 10:30-11:45am Pre-session – Legislative Process Jenn Bertrand and Heather Young Leadership Team Registration 11:45-12:00 Welcome from Partners Alicia M. L'Esperance, Partners 12:00-12:15 in Health (PIH) Program Manager & Sue Moore, Clinical S . 1999 -Program Manager Bureau of Special Medical Services 12 - 15 12:15-12:25 Welcome to Session 2! Ann & Deb 12:25-1:25 Home Group Deb 30-3:00 Judy Heumann Senior fellow Ford Foundation 3:00 BREAK Alicia facilitates 3:15-3:45 Group Leaders share their Visions Person-Centered Planning – Relationships and Ann & Deb 4:30-4:50 **Preferences Maps Geese and Group Process** 4:50 Ann :15 Action Group Decisions/Voting- Choose 5 out of 8 Topics Deb & Lisa Nancy 🕔 5:45-7:00 Dinner with Action Group - Tasks: share your interest in being in this particular group - get to know one another! discuss your topic and how you might address the issue assign roles and set ground rules exchange emails/skype addresses plan next meeting and set dates

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FRIDAY I	tem	Leader
		GENDA-DAY 2
NH LEADE	RSHIP SERIES	NH Leadership Serie Creating a Visior
	Kimball Jenkir	October 19-20, 201 1s Estate 266 North Main St., Concord NI
SATURDAY 8:15	Item Arrive and Register	Leader
8:30-9:30 , 9:35 -10:05	<i>Our Family Vision,</i> Dan Habib, (Hats Exercise	Class of 2003 Maureen Alicia
10:05-10:20	BREAK -15 min	
10:20-11:00 11:00-11:30 11:30 - 11:45	Video- Voices of Friendship and Being an Active Citizen Kathy's Voting Story	d Debrief Deb -Heather Kathy
12:00	Lunch -45 min	
12:45-1:30 pm 1:30-2:15 pm 2:15-3:15 pm	Small Group Scenarios (Alice) k Movement – Communication A Debrief Home Group	a set to the set of the
3:15 – 3:30 pm	Stretch break –15 min!	<u> </u>
1 3:30 pm 4:00 pm	Wrap up- Final Thoughts, Q an Adjournment	d A Deb/Maureen

Have a great month – we will see you at Session 3 on November 9-10, in Greenfield NH.

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		Act for yourself.		-	÷
,	November 9-1	10, 2018 / Pre-session a			
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Objectives	· · · · · · · · · · · · · · · · · · ·				•
2. Understar 3. Develop t	in understanding of "personal po nd the significance of determinin he ability to participate in and in power of community organizing.	g self-interest. itiate 1:1 interviews.	ic responsibilit	y.	
FRIDAY	ltem			ader	
		11 /a			
10:30-11:45	OPTIONAL Pre-session -Pub	olic vs Private - highly recom	mended! Lin	ida Quintanilha	•
11:45-12:00	Registration	$\parallel \rangle \rangle \rangle \rangle$	>		
12:00	Welcome!		An	n & Deb	
12:30-1:30	Home	$\geq N$		а 	
1:35-3:15	ABLENH		, Lin	ida Quintanilha	•
· · · · · · · · · · · · · · · · · · ·	Power; Self Interest		· · · · · · · · · · · · · · · · · · ·		T
3:15	BREAK				· ·
3:50-5:15	• Self-Interest; 1:1s;	Debrief 1:1	•		
`5:15-5:30 [°]	Person-Centered Planning: P	references Maps	An	n	•
5:30-6:00 pm	BREAK				
6:00-7:00 pm	Dinner – Do 1:1 with Action	Group members			
7:00 pm	 Debrief 1:1 Role Play Personal Story 		, <u>;</u>	an di sitaten K	
8:00 pm	Adjourn	,, , , , , <u>, , , , , , , , , ,</u>		<u> </u>]
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ORGANIZING: It starts with you!

Saturday, November 10, 2018 Barbara C Harris, Greenfield NH

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SATURDAY	Item	Leader
8:00 sharp- 8:50 am	BREAKFAST in Dining Hall. Continue 1:1s w group. Pack your car before the session.	vith others in your action
.9:00`am sharp!	Issues, Problems, Cutting an Issue, and Actions	
10:15-10:30	BREAK	
_10:30 am >11:40 am	Building a Public Life Evaluation by ABLE	
12:00	Lunch	
1:00 pm 2:00 pm	Home Group Action Group meeting time	
3:15 pm	Wrap up- Thunderstorm reading, Final Tho What has shifted in you? How have you gr	
3:50 pm	Adjourn promptly.	
	REMEMBER- NO a	apples!
±	Have a great month –see you on TL The NH Hospital Assoc. 12 Concord, NH phone:	5 Airport Road

"Find an extraordinary part of yourself and have it become more visible." -Mary Gonzales ACTION Oriented!



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Tuesday, December 11, 2018 9:30 am-4:00 pm

NH Hospital Association 125 Airport Road Concord NH 225-0900

Objectives:

- Understand how to cut an issue from a large field of options for special education, community and other issues.
- Work in your action group to create a plan of action and make substantial progress on implementing.
- 3. Create testimony, create an elevator speech, and work on self-reflection
- 4. Practice giving and receiving feedback
- 5. Complete Rubric

9:15 cm	Arrive and Registration
9:30 am	Welcome –Reflections from Session 3
9:45 am	Isadora Rodriguez-Legendre, NHCDD Executive Director and James Piet
арана (с. 1993) 1943 — Принска (с. 1994) 1943 — Принска (с. 1994)	NHCDD Chair
10:00 am	Creating Impactful Testimony – Jenn Bertrand
ч.,	Exercise: Practice writing testimony, sharing, and critiquing
TBD	10 minute Stretch Break
11:45 am	Rubrics and NH Leadership List Serve
12:00 pm	LUNCH
12:50 -1:30 pm	Tools for Improving your Leadership Tool Box
	Creating an Elevator Speech (20 min) Working self-reflection into your life (20 min)
1:30- 2:30 pm	Action Group Meeting Time
	1. Have a meaningful meeting
	2. Fill out your Action Group Plan
	3. Prepare to pitch your ideas to class for Feedback
2#30 pm	Breek Wimiliaates
2:45-3:40pm	Pitch your Action Group Idea to large group (5 min per group)
182	Get Feedback from Group (5 min)
3:40	Q and A for Session 5 in January including parking
3:50	Closing and Adjourn

COMING ATTRACTIONS:

 See you at UNH in Durham at <u>NH Hall, Room 208</u>, Main Street (right at the Whittemore Center traffic light on Main St) on Jan 11-12, 2019!

Vision without action is merely a dream. Action without vision just passes the time. Vision with action can change the world.

~Joel A. Baker



NH Leadership Series

Education for All

January 11-12, 2019 / Pre-session at 10:30/Registration at 11:45 am UNH Campus: NH Hall, Room 208, Main St., Durham, NH

Objectives Develop an understanding of the value of inclusive education and special education. Understand "the least dangerous assumption" and its applications. 2. 🖔 Learn how to develop/use meaningful instructional supports. 3. Leader FRIDAY ltem 10:30-11:45 **OPTIONAL Pre-session** – The Special Education Process highly Bonnie Dunham, Class of 1988 recommended Registration - lunch on your own. Brown bag suggested 11:45 am Deb/Ann 12:00 pm Welcome! Welcome from Linda B 12:15-12:20 Ann Michele Watson - Inclusion for Students with Mental Illness Deb 12:20-12:50 Review testimony divide into Action Groups 12:50-1:20 Heather Learn last two maps: Vision Map and Outcomes Maps- due in Ann 1:20-1:30 February , BREAK 1:30-1:45 1:45-2:45 Home Group 3:00-5:30 Susan Shapiro Kathy 5:30 Thank you to MOMSRISING for sponsoring Dinner! Nancy Christina D'Allesandro Short movie 'Zero Weeks' then dinner with Christina Class of 2018 from 5:45 - 6:30 After dinner; drive to Holiday Inn (1 parking spot per room). Enjoy your evening of games in lobby - Nancy's Home Group

NH Leadership Series

Education for All

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SATURDAY	ltem	Leader	,
7 - 8:00 am 8:00 am	BREAKFAST at Holiday Inn Lobby. Drive to Campus, park and get to NH Hall		
8:30 am sharp!	Michael McSheehan (Break per Michael)	Alicia,	Ν,
12-12:45 pm	LUNCH-	, Deb	•
	Optional - Small group to meet about NH-ME I Smith Leadership Class of 2006 and NH-ME LE		
12:45 pm	Action Group		
1:45 pm	Home Group		.,
2:45 pm	Break		·
3:00 pm	Five Small groups (see slide)– Take Away tips	• •	•
. ,	1. What are Ten Take-away Tips from this wee		
	Create an inventive way to share these tips 2. Share with the whole group – 3 minutes eac		
3:45 pm	Wrap up Activity –What leadership actions winnext steps?	ill you be taking as Nancy	
4:00 pm	ADJOURN		
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We will see you again on FRIDAY, February 8-9 Audubon, Concord, NH.

"When I was born, my parents were told I should be in an institution.

Well, today I am in an institution, but it's a different kind." ~ Jessie C., college student

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NH Leadership Series

Annie Forts – It's a Good Life!

"Don't sit around waiting for someone else to get involved. While you are waiting for someone else to get involved, you probably will miss out on a lot of great and wonderful experiences that might not come your way again!!!" – Annie Forts

February 8-9, 2019 /Registration at 11:45 Audubon Society, Silk Farm Road, Concord, NH

Objectives

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Get to know Annie Forts and the legacy of her vision for a Good Life.

Develop an understanding of existing systems of support in Adult Services.

3¹ Use your personal vision to successfully use, navigate, and challenge those systems to obtain a Good Life.

Identify how educational practices and positive behavioral supports can impact subsequent life experiences.

- Learning about assistive technology options and endless possibilities.

FRIDAY	Item	Leader
11:00 am	Registration – bring bag lunch if you like	·· ·
	Come early to put your potluck items in the kitchen	
11:30 pm	Honoring Annie Forts with Gratitude	Deb
	Mary Schuh 2017/18 Kennedy Public Policy Fellow; Associate Professor, Department of Education; Institute on Disability	•
	Representatives from Annie Forts Foundation Legacy Gift	
12:15-1:15	Home Group	,
1:15-2:45	"Creating and Using Assistive Technology for a Good Life"	Nancy
÷	Therese Willkomm, PhD, ATP, Clinical Associate Professor	
2:45-3:00	BREAK	н ^и с.
3:00- 3:45	Good Lives! Amy Frechette & Jill Libby	Maureen
3:45-4:45	My Story – Kathy Bates	Regan
4:45	BREAK- set up your MAPS around the room!	
5:00-6:00	MAPS Walk About – Each student shares "Where will I take the info I've learned? How has this process helped me?"	Alicia
	(make sure to bring your MAPS)	•
6:00-6:45 pm	Dinner – Help needed to set up our amazing Pot Luck Dinner!	
6:45	Clean Up and Drive to Hampton Inn.	

NH Leadership Series

The Annie Forts Good Life Session

		Saturday, February 9, 201
SATURDAY	ltem	Leader
7- 8:00 am 8:00 am	BREAKFAST in hotel lobby. Drive to Audubon	
8:30 am sharp! 9:30 -11:00	Area Agencies of New Hampshire- what do they o Becky Bryant, Area Agency Executive Director, Lakes Re	
11:00 - 11:10 11:10-12:00	"A Good Life for Andrew "- Beth Dixon BREAK My Way Back to Words - Martin Pistorius TED Talk Discussion- Thoughts? The right to communicate	Kathy Deb
12:00 -1:00 pm	LUNCH	
1:00 -2:00 pm	HOME GROUP	u .
2:00 -2:45 pm 2:45 - 3:00	ACTION GROUP BREAK	
3:00 pm	Calling your Rep or Senator to invite to March 9 . REUNION planning	Heather Nancy
	Q and A around next session	ALL
3:30 pm 4:00 pm	Group Exercise - Tying it all Together ADJOURN	Nancy

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Enjoy your month-- we will see you again on FRIDAY, March 8th, Audubon, Concord, NH. Saturday is in the LOB, State Capitol.

Page 2

NH Leadership Series

CITIZENSHIP: Be Responsible, Be Effective, Be Involved

"You must be the change you wish to see in the world." Mahatma Gandhi

March 8-9, 2019 /Registration at 11:30

Audubon Society, Silk Farm Road, Concord, NH

Objectives

- 1. Understand public policy and the legislative process at the federal, state, and local levels.
- 2. Learn why you need to be involved and the tools to do so
- 3. Learn how to develop a personal relationship with your legislators
- 4. Engage in structured training and coaching in informed discussions with state legislators.

FRIDAY	item	Leader
11:30	Registration	
11:45	Welcome to session our session on Citizenship.	Deb
11:50	Welcome back Lisa Beaudoin	
12:00-12:55	Home Group	
1:00-1:10	MAPS for walkabout (Janette, April, Destinee, Samuel & Marylouise)	Alicia
1:10-2:00	Allan I. Bergman – Civics 101-102 revisited and applied;	Nancy
2:00-2:45	Foundation for Disability Policy in 2019: "Suit the Actions to the Words": implications for New Hampshire's Citizens Living with Developmental Disabilities	
2:45-3:00	BREAK	
3:00-4:00	Foundation for Disability Policy and Values, cont.	Allan/Heather
	Planning for & Preparing for your 10-minute meetings with state legislators on Saturday morning; bring hard copy of materials	& Jenn Bertrand
	Overview of Selected Bills Impacting Individuals with Disabilities ir the State Legislature	
5:00-5:30	Vote on your bill to prepare for several meetings with legislators in groups of 3 - 4	
5:30-5:50	Allan reviews Saturday agenda and the key points for planning and organizing your meetings	
5:00-7:00 pm	Dinner with your Legislative group – prepare for your meetings.	
7:00-7:50 pm	GROUP ACTIVITY: A Trip Down Memory Lane	
7:50 pm	Adjourn to Hotel – continue prep with your group if needed	·····



NH Leadership Series

CITIZENSHIP: Be Responsible, Be Effective, Be Involved

NOTE: All day at LOB rooms 201 & 203, State Street, Concord

Saturday, March 9, 2019

SATURDAY	Item	Leader
7- 8:00 am	BREAKFAST in hotel lobby	<u> </u>
8:00 am	Drive to LOB, State Street, downtown Concord	
8:30 -10:00	Final preparations for your group; clarify your "ask"	
10:00 - 10:30	BREAK Prep the tables, tidy the room for our guests	
10:30-11:20	Meetings with legislators begin at 10:30	
11:25-11:50	Feedback and comments from legislators	
12:00 -12:45pm	LUNCH in State House cafeteria. Walk back to LOB before	ore 12:45
	Group Photo in LOB at 12:45	
12:50 -1:45 pm	Allan Bergman – Debrief experience; use of media and c campaign strategies; homework assignments; DC Updat	
1:45-2:25	Home Group	
2:30-3:10	Action Group	· · · · · ·
3:15-3:25	Action Group Summary – 2 minutes per Group, Choose preferences	time Maureen
3:25	Rubrics – Group Leaders and Participants	. Deb
3:35	Q and A - Anniversary Celebration, Selling Raffle Tic Graduation	kets and Deb and Nancy
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3:50	Closing - 1 word – besides exhausted!	Alicia
3:55	ADJOURN	
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NH Leadership Series Coming attractions:



The Anniversary Celebration is Friday evening, April 12 from 6-9 pm! We will all be at Fratello's Restaurant in Manchester. This is a fun event, a fundraiser, a reunion, and so much more! Your class will be announced from the podium and will meet your fellow alumni.

You will have an opportunity to meet and connect with past graduates from your region and from around the state, as well as celebrate together during the fundraiser. <u>If you or</u> <u>someone you know can contribute items to the auction, please help us!</u> Your help will make this a huge success. Scratch tickets? Class Basket?

NHLS current participant registration will be done for you, but please invite your family and friends to join your first GALA! The more people you bring, the more money we hope to raise! Their suggested donation is \$35. The more the merrier so we can raise lots of funds for Leadership!

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Last Session and Graduation, Saturday, April 12-13 at Manchester Community College. Invited guests to your graduation will arrive in early afternoon- exact time TBD. More info to follow.

2		AGENDA
NH LEADEI	RSHIP SERIES	IH Leadership Series
	<u>COMMENCING</u> - One Jou	irney Ends, Another Begins
		10/D
		19/Registration11:45 am
	Manchester Community College, 1066 I	-ront St, Manchester, Nr
bjectives	· · · · · · · · · · · · · · · · · · ·	
1.		ite and national issues.
2.		
4.		
SATURDAY	ltem	Leader
11:45 am	Registration	
12:15 pm	Welcome Amazing Leaders!	Deb
12:30-1:00	Group 1 – Oral Health	Alicia –
1:10-1:40	Group 2 – Inclusion	Coordinates
1:40-2:00	BREAK	
2:00 -2:30	Group 3 – Chronic Health Advisory	
2:40-3:10	Group 4 – Mental Health	
3:10-3:45	Creative Creations!	Maureen/Kathy
3:45 · 4:00	BREAK	•
4:00-4:30	Group 5 – Employment	
4:30	Alphabet Line up!	Nancy
	ADJOURN, hotel check-in	
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	Morning session	

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SATURDAY	Item	Leader
8:30-9:25	Home Group	
9:30-9:45	What to do after Leadership	Maureen
9:45- 10:15	What is a Leader?	Leadership Team
10:15 - 10:30	Break	•
10:30-11:15	Evaluation and Feedback for the Year	Alicia/Nancy
11:15-11:30	Final Closing Circle	ALL
11:30	Lunch in Room	

Prep and clean up room, move to Graduation Area

Guests Arrive



1:00 -2:30

12:30

12:45

Graduation Ceremony and Reception!

CONGRATULATIONS, CLASS OF 2019!